

## Friday Workshops

**A Primer on Facilitating Low-Level Church Conflicts and Harms** (90 minutes) – Many people in churches already have natural abilities to help others in conflict to resolve and heal their situations. This workshop introduces basic facilitation processes, standards, and communication skills that can be used to address low-level situations where 2 to 6 church members could be prepared for respectful dialogue (in the mid-zone of the Matthew 18 framework). Participants would be invited to take an 8-hour facilitation training with role playing exercises, sponsored by CPMC next fall.

Ted Lewis (Duluth, MN) is a restorative justice trainer and consultant who has 25 years of experience facilitating both harms and conflicts, including church settings. In 2016 he founded the Restorative Church project. He serves on the Conflict Management Support Team for Central Plains Mennonite Conference.

**Trauma 101: How Trauma Affects and Impacts All of Us** – This workshop is an introduction to understanding trauma, the cycles of violence it perpetuates (acting in and acting out), and ways of facilitating healing and peace. Many of us are unaware of trauma's presence among us. Unidentified and unhealed trauma in ourselves, our families and communities affect our everyday lives and the society at large. Jill Hofer and Michelle L. Hofer recently participated in STAR (Strategies for Trauma Awareness and Resilience) Training through EMU and are eager to share their learnings in hopes of starting this important conversation.

**"Three Groups, One Story"** (90 minutes) – Southeastern South Dakota is the only place in the world where three Anabaptist groups – the Low German Mennonites, the Swiss-Volhynian Amish, and the Hutterites – settled side-by-side in the 1870s. Together, these three Germans-from-Russia sub-groups established a community on the wide-open prairies of Dakota Territory. "Three Groups, One Story" is an 80-minute film produced by HHM&A that tells their story. Three local historians traced the roots of these groups to their very beginnings in 16<sup>th</sup> century Europe, and followed their journeys as they moved across Europe to Russia and eventually to the United States. They were and are three distinct groups, sharing one amazing story! The film will be shown in HHM&A's historic Bethel Mennonite Church.

### **Rural Revival**

Rural Revival began in 2009 as an informal forum to talk about rural issues, meeting monthly on Sunday afternoons at a local Mennonite church in the Freeman community. Today the group is an incorporated, community-based non-profit. The stated purpose is "to promote and enhance local food markets, provide information and tools for thoughtful generational land transfers, and educate the community on a diverse set of rural issues."

In this seminar, Rural Revival members will share what the organization is currently doing. They will also seek to articulate how a local non-profit like this is a vital community outreach for rural congregations seeking to revitalize and renew struggling and dying rural communities and churches.

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**Women, Men and Money** -- Lyle Miller (Everence) and Bonnie Miller. A dollar bill is neither male nor female, but studies show that women and men have different experiences when it comes to money. Whether married or single, female or male, join Lyle & Bonnie Miller as they explore some of these differences, including some of the particular obstacles women often face. Lyle is a Stewardship Consultant with Everence, and Bonnie has been married to him for 36 years.

### **Martyr: Bloody Theater 1528** - CPMC Peace & Justice Committee

We plan on playing the new Mennonite game: Martyr: Bloody Theater 1528 a game created by Faith Mennonite member John Ratigan-Green.

Description of the game:

*Those criminals are being called “Heretics!” “Enemies of the Government!” “Messengers of the Antichrist!” And you're compelled to join them.*

*Europe, early 1500s. Now, the State Church has determined that you, too, deserve a terminal sentence for committing multiple crimes – that is, what they have decided are crimes.*

*But you are scheming to seize a rare opportunity: To use your final act to subvert the State Church’s effort towards full governmental supremacy. Armed only with a message and your final breaths, can you use them shrewdly in the ultimate performance of your life?*

*In Martyr: Bloody Theater 1528, you will push your luck with your dwindling breaths to shape public opinion through action selection, while controlling the advantage, or disadvantage, of player turn order. But stay focused, because as you incentivize other players to aid your cause, you may also be delivering them to victory...*

*Contend valiantly!*

Join us for a fun workshop and learn a new game or two.

### **The Ecuador/Venezuela Partnership Update**

Join us to learn more about the evolution of the partnership between CPMC, Mennonite Mission Network and the Colombian Mennonite Church for the ongoing work in Ecuador and Venezuela. We will talk about the situation in Venezuela and how the church there is thinking about their future. We will catch up with Peter and Delicia and learn more about the ongoing work in Ecuador and how the partnership is being re-imagined.

### **Prayer-walk through the Prairie Arboretum:**

Tired of sitting? Need some time alone with God to process all that you've seen and heard? Want to spend some time in God's great outdoors? Then this is the workshop for you! Each participant will receive prayer prompts and be invited to pray as they walk around the beautiful arboretum grounds. Weather permitting. (Offered by the Christian Formation Committee on both Friday and Saturday)

## Saturday Workshops

### **The Ways of Peace Through Conversation - Conflict Management Support Team**

When it feels like I might be on the opposite “side” of a topic from my neighbor, how do we find Jesus in the midst? If “live and let live” feels hollow, how do we live out and talk about our beliefs with authenticity, confidence, and kindness? Charity Ortman and Lon Marshall will lead a workshop that addresses these questions and gives tangible skills on how to do it. Charity has a background in facilitating mediations and attends Salem-Zion Mennonite Church in Freeman, SD. Lon is a licensed marriage and family therapist and has worked in critical incident debriefing, conflict resolution, counseling and therapy in many contexts. He attends West Union Mennonite Church in Parnell, IA.

**Eyes of the Heart: Exploring Visual Spiritual Practices** – Led by Michelle L. Hofer, a professional visual artist who also writes and speaks on the connection between art and faith, this workshop is an introduction to creating and utilizing visual art for prayer, meditation and worship in both personal and corporate settings. Our time together will include an art activity and space for reflection and discussion. Materials are provided.

**HHM&A Museum Tour** (90+ minutes) – Heritage Hall Museum & Archives (HHM&A) is an independent, non-profit museum that tells the story of the Low German Mennonite, Swiss-Volhynian Amish, and Hutterite Germans-from-Russia immigrants and others who settled in southeastern Dakota Territory in the late 1800s. It includes more than 25,000 square feet of displays of artifacts ranging from household items to agricultural equipment. The archives library includes more than 10,000 books, maps, periodicals and photos. The complex is located just south of the Freeman Academy campus, on the northern edge of the sprawling Prairie Arboretum. It also includes four historic buildings: a one-room schoolhouse, an 1879 pioneer home and two early rural churches. *A discounted \$5 admission fee applies.*

**Eisenbeis farm tours** (90+ minutes) (carpooling will be utilized)

Lillie and André Eisenbeis, owners of Prairie Roots Farm, are on their 5th season of vegetable farming. Maximizing value on just over one acre of production, they support 50+ families through a CSA and sell their produce at farmers markets. Inspired to grow nutrient rich food while enhancing soil health, they incorporate holistic practices such as composting, intercropping, cover cropping, reduced tillage, and mulching. Farming in this way flows from a deep commitment to care for God’s earth and the local community.

Larry Eisenbeis and Tim & Anita Eisenbeis, are the owners of Happy Grazing Dairy, a certified organic, grass-fed Jersey dairy in rural Marion run by Tim & Anita Eisenbeis. They produce, sell & deliver raw milk & cream, as well as grass-fed beef, directly to over 275 customer households within a 60-mile range. During the grazing months, they employ intensive rotational grazing and in fall & winter, feed hay and fodder (barley sprouts). By their choice of methods & practices, they seek to address themes including local food, building soil health, reducing tillage, climate change & community vitality. By so doing, they aim to improve as stewards of God’s good creation.

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**What's Your Money Type?** Lyle Miller – Everence -- It's been said that "personal finance is more personal than it is finance." Perhaps that's because we have different personality orientations when it comes to interacting with money. Join Everence Stewardship Consultant Lyle Miller to explore "Seven Money Types," each based on a biblical character. Through a brief inventory and times of discussion, we'll consider the strengths and shadow sides of your money type and help you understand and develop your unique God-given approach to money.

**From a House of Patriarchs to the House of the Father** – Phil Friesen, scholar, theologian, and Galilean Fellow says, "My marriage into a traditional patriarchal society gave me an inside experience of patriarchy not found in books or classes. This learning was supplemented by mission work first in east Asia, then with refugees, and finally with international scholars and visiting professors at the University of MN. In exegeting scripture together with internationals, I found that my students from Asia and Africa were able to understand the social context of the Bible as no seminary class had ever done. My new book, *A Trajectory of Social Change from a House of Patriarchs to the House of the Father* chronicles a story of social change from Abraham to the prophets to Jesus and then to the entire world. I hope to help God's people recognize the hand of God, discerning truth from error, as changes happen around us."

### **The Medicine Quilt**

Freeman Network for Justice and Peace East River Horizons was established in 2015 to foster racial healing through dialogue in the community of Wagner, SD, located on the homelands of the Ihanktowan Dakota Oyate, better known as the Yankton Sioux Tribal Reservation. This dialogue has produced many action-oriented outcomes to include work with the local media, outreach into local schools and the creation of public art. To this end, a children's book titled, "The Medicine Quilt" was created to capture the rich dialogue and growing relationship Horizons has with the Freeman Network for Justice and Peace. This work was created multi-generationally with the intention of affecting generations to come. This breakout session will be a chance to hear about the history of racial dialogue in the state of South Dakota beginning with the late Governor Michelson's 1990 proclamation of 100 years of Reconciliation 30 years ago through what is currently taking place in local areas like Wagner. Speakers will be Vince Two Eagles, Margaret Zephier, Margaret Doom and Amy Doom.

### **Prayer-walk through the arboretum:**

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